



IJKA England are hosting a Seminar and Dan grading with Hanshi Sadashige Kato 9th Dan ~ IJKA World Chief Instructor.

Worcester Shotokan Karate Club (WSKC) extends a warm welcome to all IJKA karateka and Shotokan karateka from other associations.

Date ~ Saturday March 23rd 2019

Time ~ 11:00 to 15:00

Location ~ Worcester, Worcestershire, England

Venue ~ The Dance Studio ~ Nunnery Wood Sports Complex, Spetchley Road, Worcester. WR5 2NL England

Seminar Cost ~ *Adults* ~ All day £30 / One session £25
Juniors (under 16) ~ £15 (One session)
Juniors (16+) ~ All day £20 or one session £15

Seminar Schedule

11:00 to 12:30 All grades (Adults and Juniors)

12:30 to 12:45 Break

12:45 to 14:15 Black and Brown belts only (Age 16+)

14:15 to 14:30 Break

14:30 to 15:00 Dan grading ~ eligible IJKA karateka only **

** IJKA Dan Application form and 2 passport photographs required.

Please arrive in good time to be ready for a prompt start at 11:00 ~ thank you

Nunnery Wood Sports Complex has full facilities i.e. changing rooms with showers etc.

After the grading we will be retiring to the Bluebell Farm public house for a meal and refreshments.

The cost of a meal at the Bluebell Farm ***is not*** included in the seminar cost.

To avoid disappointment please register your intent to attend as soon as possible to Sensei Steve Cameron at **worcester-shotokan@hotmail.co.uk**

Important ~ Please indicate if you would like to partake in the post seminar meal as the pub requires advance notice of people numbers.

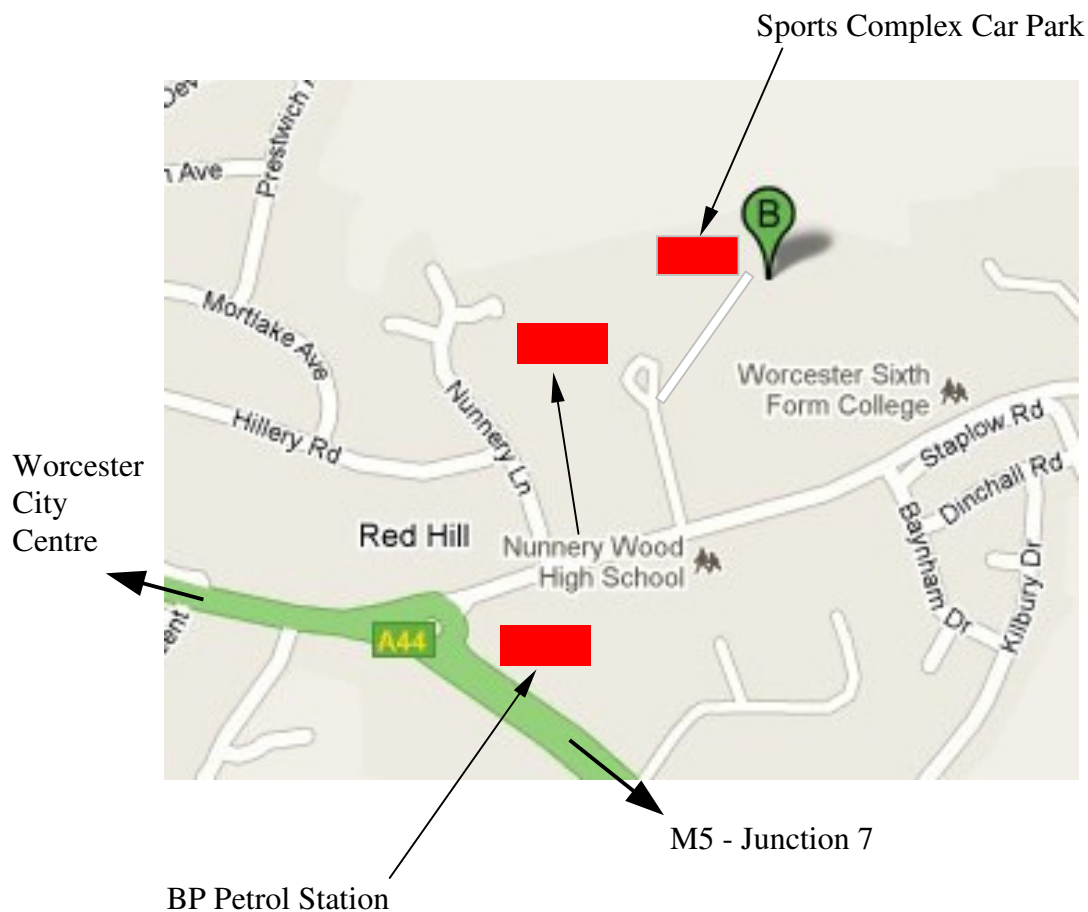
Course attendees are reminded that the cost of a meal ***is not*** included in the seminar cost.

WSKC reserve the right to change the venue if expected attendee numbers exceed the Dance Studio's capacity but good advance notice will be given to all concerned.

~ Maps and directions for finding the dojo and Bluebell Farm pub follow ~

FIND ~ NUNNERY WOOD SPORTS COMPLEX ~ FLAG 'B'

Nunnery Wood Sports Complex, Spetchley Road, Worcester. WR5 2NL



Directions From M5 Junction 7 ~ Worcester South

Follow signs for Worcester City Centre travelling along the **A44 Whittington Road**. Go straight at first two roundabouts and then at the next odd shaped roundabout turn right (just past the BP petrol station on your right) cutting across London Road and into **Spetchley Road** that runs behind the BP petrol station.

Take the second turning on the left and follow this driveway around to the right with Nunnery Wood School on your left to arrive at Nunnery Wood Sport's Complex car park.

Important: A 'One Way' system is in operation at the car park.

To find our Dojo in the Sports Centre

Enter Nunnery Wood Sports Centre and turn right after the main reception desk. At the far end of the corridor, past the squash courts and gym, you will find the **Dance Studio**.

FIND ~ BLUEBELL FARM PUB ~ RED FLAG

Bluebell Farm Pub, Nunnery Park, Horn Hill Road, Worcester WR4 0SX



Directions to Bluebell Farm Pub from the Sports Complex

Exit Sports Complex turning right onto *Spetchley Road*.

At the odd shaped roundabout turn left towards M5 along the *A44 Whittington Road* going past the BP petrol station.

At next roundabout turn left.

At the next roundabout go straight on.

At the next roundabout, at the end of the dual carriageway, go right round and back the way you came.

Take the second turning on the left into the business park where Bluebell Farm pub will be found.

There is plenty of parking available at the pub.