



IJKA England are hosting a Seminar with Hanshi Sadashige Kato 9th Dan ~ IJKA World Chief Instructor.

Worcester Shotokan Karate Club (WSKC) extends a warm welcome to all IJKA karateka and Shotokan karateka from other associations.

Date ~ Saturday October 12th 2019

Time ~ 12:00 to 16:00

Location ~ Worcester, Worcestershire, England

Venue ~ The Main Hall ~ Nunnery Wood Sports Complex, Spetchley Road, Worcester. WR5 2NL England

Seminar Cost ~ *Adults* ~ All day £30 / One session £25
Juniors (under 16) ~ £15 (One session)
Juniors (16+) ~ All day £20 or one session £15

Seminar Schedule (Provisional)

12:00 to 13:30 All grades (Adults and Juniors)

13:30 to 14:15 Break

14:15 to 16:00 Black and Brown belts only (Age 16+ Only)

Please arrive in good time to be ready for a prompt start at 12:00 ~ thank you

Nunnery Wood Sports Complex has full facilities i.e. changing rooms with showers etc.

After the Seminar we will be retiring directly to the Bluebell Farm public house for a meal and refreshments.

The cost of a meal at the Bluebell Farm *is not* included in the seminar cost.

To avoid disappointment please register your intent to attend as soon as possible to Sensei Steve Cameron ~

E-mail: worcester-shotokan@hotmail.co.uk

or

Contact page: shotokan-worcester.org.uk

REGISTRATION WILL CLOSE on Friday 4th October 2019 at the latest

This is a ticketed event ~ Tickets will be sent by email to all advance registration requests.

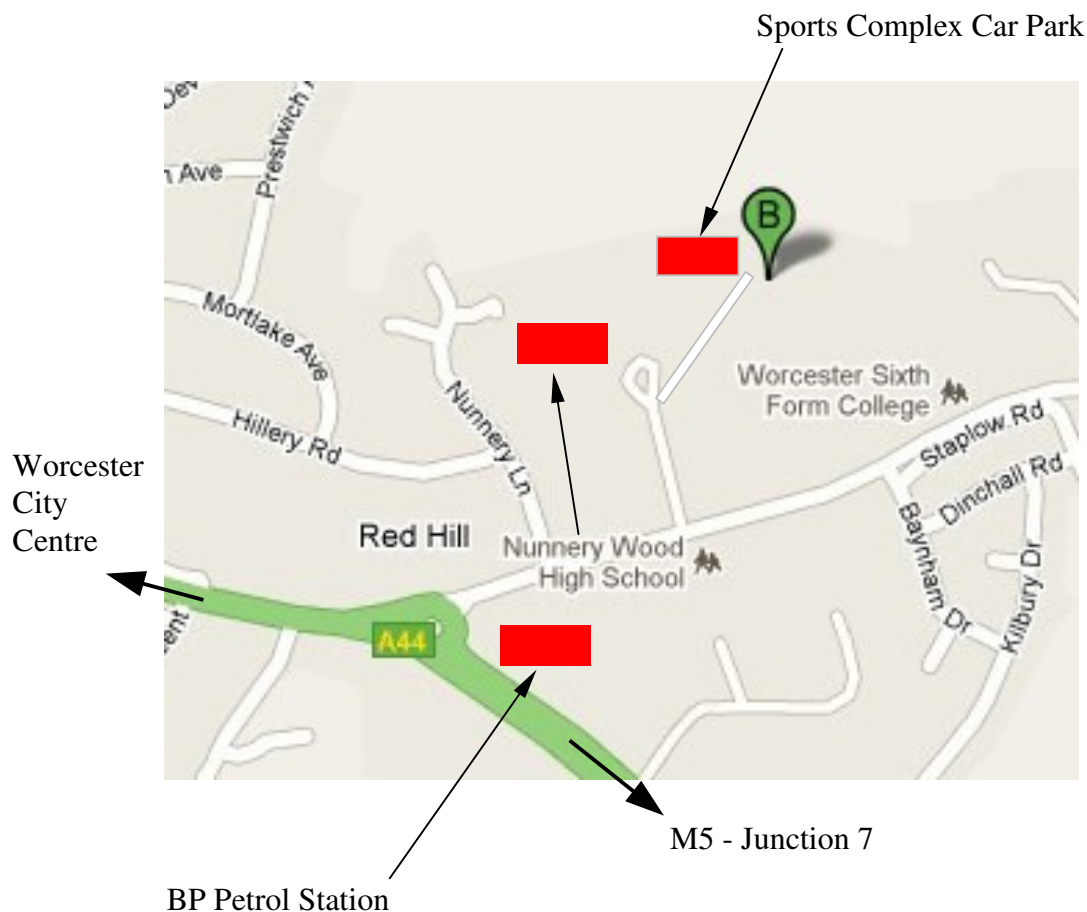
Important ~ Please indicate if you would like to partake in the post seminar meal as the pub requires advance notice of people numbers.

Course attendees are reminded that the cost of a meal *is not* included in the seminar cost.

~ Maps and directions for finding the dojo and Bluebell Farm pub follow ~

FIND ~ NUNNERY WOOD SPORTS COMPLEX ~ FLAG 'B'

Nunnery Wood Sports Complex, Spetchley Road, Worcester. WR5 2NL



Directions From M5 Junction 7 ~ Worcester South

Follow signs for Worcester City Centre travelling along the **A44 Whittington Road**. Go straight at first two roundabouts and then at the next odd shaped roundabout turn right (just past the BP petrol station on your right) cutting across London Road and into **Spetchley Road** that runs behind the BP petrol station.

Take the second turning on the left and follow this driveway around to the right with Nunnery Wood School on your left to arrive at Nunnery Wood Sport's Complex car park.

Important: A 'One Way' system is in operation at the car park.

IMPORTANT

Please do not take Satnav directions to the seminar based on Facebook information, as you will end up at the **wrong** dojo!!

Please use **WR5 2NL** for Satnav and you will find Nunnery Wood Sports Centre is well signposted as you get close.

There will also be '**Karate This Way**' signage conveniently placed for additional help.

Find the Seminar Dojo in the Sports Centre

Enter Nunnery Wood Sports Centre and turn left after the main reception desk.

Follow that corridor around to the right and past the changing rooms.

The **Main Hall** entrance is on the right.

FIND ~ BLUEBELL FARM PUB ~ RED FLAG

Bluebell Farm Pub, Nunnery Park, Horn Hill Road, Worcester WR4 0SX



Directions to Bluebell Farm Pub from the Sports Complex

Exit Sports Complex turning right onto *Spetchley Road*.

At the odd shaped roundabout turn left towards M5 along the *A44 Whittington Road* going past the BP petrol station.

At next roundabout turn left.

At the next roundabout go straight on.

At the next roundabout, at the end of the dual carriageway, go right round and back the way you came.

Take the second turning on the left into the business park where Bluebell Farm pub will be found.

There is plenty of parking available at the pub.